



C I R C A D I A®

## STATEMENT REGARDING SAFETY OF CIRCADIA PRODUCTS FOR PREGNANT OR NURSING WOMEN

Thank you for your interest in Circadia Advanced Professional Skincare, and your inquiry about the safety of our products for pregnant or nursing women. Before use of our line or any cosmetic products, the pregnant or nursing woman should review all ingredient information, and make the decision with her physician of which products to use. The complete list of Circadia ingredients can be found at [www.circadia.com](http://www.circadia.com). Circadia by Dr. Pugliese strives to use only ingredients that are either cosmetic, pharmaceutical or food grade.

We recommend the pregnant or nursing woman avoid:

### 1. **Products containing Salicylic acid:**

- Alpha/Beta Peels
- DermaFrost Peels
- Jessner Peel
- MandeliClear Peel
- Cleansing Gel with 2% Salicylic Acid
- White Willow & Juniper Clearing Mist (contains Canadian Willowherb, a natural source of Salicylates, related to Salicylic acid)
- Daytime Control Lotion- contains Canadian Willowherb, a natural source of Salicylates, related to Salicylic acid)
- Spot Stop Lotion (contains Camphor, Menthol, and Willow Bark, a natural source of salicins, related to Salicylic acid)

### 2. **Products containing retinol or any form of A:**

- Vitamin A Boosting Cream
- Vitamin A Gel
- Nighttime Repair
- Nighttime Repair Plus
- Vitamin A Accelerator
- Full Circle Eye Repair Night.

3. **Nighttime Control** – contains 5% benzoyl peroxide

4. **SWiCH Dermal Revitalization System**, due to its strength and activity

5. **Professional Firming & Shaping Gel** – contains caffeine and methyl nicotinate

6. **Cocoa, Zymase and Raspberry Enzyme Masks** – there is not sufficient data on the effects of topical application of papain, bromelain and trypsin during pregnancy. Discuss with your doctor.

7. **Bright White Serum** – there is not sufficient data on the effects of topical application during pregnancy of the brightening ingredient phenyl resorcinol. Discuss with your doctor.

Feel free to contact us at (717) 933-2065 or email [info@circadia.com](mailto:info@circadia.com) with any additional questions you may have.

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